



Registration / Recognition of Yoga Institutions under The Vedic Yog Peeth

Yoga is essentially a spiritual discipline based on an extremely subtle science, which focuses on bringing harmony between mind and body. It is an art and science of healthy living. The practice of Yoga is believed to have started with the very dawn of civilization. In the Yogic lore, Shiva is seen as the first Yogi or Adiyogi, and the first Guru or Adi Guru. Though Yoga was being practiced in the preVedic period, the great Sage Maharshi Patanjali systematized and codified the then existing practices of Yoga, its meaning and its related knowledge through his Yoga Sutras. After Patanjali, many Sages and Yoga Masters contributed greatly for the preservation and development of the field through their well documented practices and literature.

A Vedic Board of Education & Culture aims to promote Yoga as career skill and accordingly in its objectives included bring synergy, quality and uniformity in teaching of Yoga across the world. A Vedic Board of Education & Culture accreditate Yoga Institutions/Centres based on their scale of operation, capacity, years of experience. etc. under 2 categories as follows:

- ❖ **Association / Affiliated Institute (for Professional Course)**
- ❖ **Registered Yoga School, RYS (For Cultural Yoga Center)**

Association / Affiliated Institutions: The Yoga Institution which has contributed to the body of knowledge in the field of Yoga education/training/therapy for at least 5 years and has produced quality yoga professionals will be termed as Yoga Institutions. The detailed eligibility criteria/parameters for Registration/recognition as Association / Affiliated Institutions is at annexure A.

Registered Yoga School, RYS: The Yoga centres which are committed towards promotion of health and wellness through for at least 2 years and has produced quality Yoga professionals will be termed as Yoga Training Centre. The detailed eligibility criteria/parameters for Registration/recognition as Registered Yoga School, RYS is at annexure B.

Application and Assessment Process for Registration/ Recognition:

- ✓ The application of the Yoga Institutions is invited through Expression of Interest (print media and VYP website).
- ✓ The Yoga Institutions interested in VYP Registration/recognition as Associate / Affiliated Institution shall submit its application along with requisite documents on VYP website.
- ✓ The fee for Registration / recognition is in two parts – application fee and assessment fee. The applicant Yoga Institution shall have to deposit prescribed application fee through payment gateway available on the website. **The fee, once paid, shall not be refunded under any circumstances.**
- ✓ The VYP shall process the application on receipt of the application form and application fee. The VYP shall undertake scrutiny of the application data and the documents submitted to check their completeness. The process shall be completed within 1 month of receipt of the application. The

applicant shall be informed about the future course of action – any deficiency in the application/document or further assessment plan.

- ✓ The applicant shall have to reply to the queries/ non-conformities/gap as conveyed by the VYP within 1 month of receipt of the same. On completion of all these documentation submission, the Institution shall have to submit the assessing fee to the VYP.
- ✓ The VYP nominated team shall first undertake the offline / online (document) review on completion of all formalities of submission of documents.
- ✓ The findings of the document review by the assessment team shall be shared with the Yoga Institution within 15 working days of start of the assessment.
- ✓ The Yoga Institution shall reply to the non-conformities, if any
- ✓ VYP shall inform proposed date of onsite visit of the Assessment team to the Yoga institution. The Assessment team shall undertake onsite review and the onsite review will begin with opening meeting and will be followed by verification of the implementation of the system including the demonstration of the competence. A formal closing meeting will be organised at the end of the onsite review and the major nonconformities and concerns will be shared with the applicant.
- ✓ The applicant can reply to the conformities/concerns within 15 days of completion of onsite review.
- ✓ The assessment team shall compile the offsite and onsite review and mark on defined parameter based on the competence/conformity to the parameters.
- ✓ Based on the compiled report of the assessment team, decision shall be taken on granting Registration/ recognition as Associate / Affiliated / Registered Institution. The Institutions securing 70 or more out of 100 marks shall be granted Registration / recognition as Associate / Affiliated / Registered Institution. The Institutions securing less than 70 marks but not less than 50 marks out of 100 can reapply for re-assessment within one year.
- ✓ The affiliation is valid for a period of **three years** from the date of payment of affiliation fee.
- ✓ **Permission to use the term “Associated / Affiliated” or “Registered Yoga School (RYS)”** - Affiliated institution is permitted to use the term “Affiliated to **The Vedic Yog Peeth,**” below their institute name when once the Associated / Affiliated” or “Registered Yoga School (RYS) is granted.
- ✓ The **certificate of Affiliation or Registration** will be sent to the Institution.
- ✓ After final completion of Registration process Associate / Affiliated Institutions will be able to run Professional Courses under VYP.
- ✓ **To follow courses offered by VYP-** The courses and curricula prescribed by VYP based on their research findings and tradition of yoga and spiritual lore has to be followed by the Associated / Affiliated Institution.
- ✓ **Registered Yoga School (RYS)** can't run any Professional course under VYP. RYS can run final Annual Examination yearly two semesters wise by the VYP for school students and can run Workshop, Seminar, and Conference related short-term courses.
- ✓ **Associated / Affiliated** Institutions will get RYS all facility.

Fee Structure

- a) The fee for approval as ASSOCIATE / AFFILIATED is mainly divided into 2 parts- Application fee and assessment fee. Application fee is to be paid along with submission of application form. Application form will not be accepted in the event of non-receipt of full application fee. The VYP will scrutinise the documents submitted along with the application fee for completeness. On confirmation about receipt of all required documents from VYP, the applicant shall have to pay assessment fee. On receipt of full assessment fee, the assessment process shall be initiated by the VYP.
- b) The application **fee and assessment fee both are non-refundable**. If an organisation does not fulfil the criteria for approval as ASSOCIATE / AFFILIATED, the organisation can submit the required information and request for re-assessment within 1 year of its application. The organisation shall have to pay a reassessment fee.
- c) After completion of 1 year of approval, the ASSOCIATE / AFFILIATED shall submit Annual Report including Audit Report and progress report for continuation of approval. The ASSOCIATE / AFFILIATED shall have to pay annual fee and also assessment fee, if VYP decides to undertake assessment.
- d) Fee/expenses for onsite review is the part of assessment fee. The Yoga institution will pay the cost of such visit (honorarium, travel, lodging and boarding of the experts, etc) directly to the visiting experts on actual basis.
- e) Honorarium of Rs. 2,000/- (Rupees five thousand only) per expert per center shall be paid.
- f) The fee for approval as **Registered Yoga School (RYS)** is mainly divided into 2 parts- Application fee and assessment fee. Application fee is to be paid along with submission of application form. If payment Online submission can paid full fee. Application form will not be accepted in the event of non-receipt of full application fee. The VYP will scrutinise the documents submitted along with the application fee for completeness. On confirmation about receipt of all required documents from VYP, the applicant shall have to pay assessment fee. On receipt of full assessment fee, the assessment process shall be initiated by the VYP.

Accreditation Fee for Yoga Institutions

in Rs.

S.No	Types of Yoga Institution	Enrollment Fee	Assessment fee		Total	Renewal Fee
			Review fee	Visit Fee		
1	Associate / Affiliated	10,685	1200	Actual (Travel, Boarding, Lodging and Honorarium,)	20,685	15,000
2	Registered Yoga School (RYS)	1000	3000	Actual (Travel, Boarding, Lodging and Honorarium,)	4000	3000
3	Foreign Yoga Institutions	\$ 300	\$ 200	Actual (Travel, Boarding, Lodging and Honorarium,)	\$ 500	\$ 350

- ✓ Fee to be paid through VYP online payment gateway.
- ✓ The total amount is excluding from the visit fee. The institution will bear the expenditure towards. Travel, Boarding & Lodging and Honorarium to the expert apart from total fee.

Debarment/ suspension/ cancellation of Associated / Affiliated / RYS recognition

The Associated / Affiliated / RYS recognition of VYP shall be debarred / suspended under the following circumstances:

- a) If any false information is provided about the Yoga Certification Scheme by the Associated / Affiliated / RYS recognition.
- b) If Associated / Affiliated / RYS recognition Institution and its personnel make wrong commitment to qualify the candidate or get involved in unfair means in respect to examination and provide assistance to the candidate.
- c) If any unfair commitment is made to Yoga professional or other institutions on behalf of VYP.
- d) If Associated / Affiliated / RYS recognition Institution is unable to conduct examination or activities as per VYP guidelines and syllabus in due time.
- e) If Associated / Affiliated / RYS recognition Institution declares the results without approval of VYP.
- f) If any noncompliance to the requirement of the VYP is observed

The debarment/suspension/cancellation shall be with due notice of 15 days in the event of any of the above.

The Associated / Affiliated / RYS recognition Institution shall not be eligible to conduct any examination for certification during the notice period.

Validity of accreditation:

S. no	Level of Recognition	Validity Period
1	Associate / Affiliated	Three (3) Years
2	Registered Yoga School (RYS)	Three (3) Years
3	Foreign Yoga Institutions	Three (3) Years

Role of Associated / Affiliated Yoga Institutions/ Centres:

The Associated / Affiliated Yoga Institution/ Centres shall be playing major role in promotion of the scheme for certification of yoga professionals. These shall be authorized to:

S. no	Level of Recognition	Role
1	Associate / Affiliated	<ul style="list-style-type: none">✓ Run courses equivalent to certifications offered by the VYP for Yoga professionals.✓ Conduct workshops and seminars for promotion of Yoga.✓ Get all facility of RYS
2	Registered Yoga School (RYS)	<ul style="list-style-type: none">✓ Run final Annual Examination yearly two semesters wise by the VYP for school students.✓ Conduct workshops and seminars for promotion of Yoga.
3	Foreign Yoga Institutions	<ul style="list-style-type: none">✓ Run courses equivalent to certifications offered by the VYP for Yoga professionals. Conduct workshops and seminars for promotion of Yoga.

Fee for the certification of students of the Associate / Affiliated Yoga Institutions / Centres:

The candidates of these Institutions/ centres shall have to enroll with the VYP directly on its central registry portal (Apply online). The enrolment fee shall be paid to the VYP which is onetime fee and is valid for life long for the respective level. The examination fee shall be charged by the Associated / Affiliated Yoga Institution/ centres. The Yoga Institution/ centres shall charge a minimum fee as prescribed by the VYP. The Yoga Institution/ centre may prescribe a higher fee with the approval of VYP. The successful candidates shall be issued Certificate and ID card with unique number by the VYP.

Weight age Chart for Assessment of Yoga Institutions

Qualifying Criteria:

❖ Associate / Affiliated Yoga Institution:-

The organization needs to meet the following criteria to be taken up for assessment under the head of Yoga Institution.

- ✓ The Yoga Institution is a legal entity.
- ✓ The Yoga institution should have minimum 5 years of experience in conducting Yoga education / training courses.
- ✓ The Yoga institution should have produced at least 50 institutionally certified Yoga professionals / teachers at the time of applying.

❖ Registered Yoga School (RYS)

The organization needs to meet the following criteria to be taken up for assessment under the head of Yoga Training Centre.

- ✓ The Yoga centre is a legal entity
- ✓ The School / centre should have minimum two years of experience in conducting Yoga training.

Annexure A

Criteria for Accreditation/ recognition of Associated / Affiliated Institutions

Eligibility criteria:

- ✓ The Yoga institution should have the legacy of Yoga tradition (parampara).
- ✓ The Yoga institution should be registered under Societies Act, 1860 or Trusts Act, 1882 or central/ state legislative acts.
- ✓ The Yoga institution should have minimum 10 years of existence in the field of Yoga.
- ✓ The institution should have minimum 5 years of experience in conducting Yoga education / training/ therapy courses.
- ✓ The Yoga institution should have produced minimum 5 institutionally qualified yoga professionals at the time of applying.
- ✓ The Yoga institution should be willing to conduct Continuing Yoga Education program of **A Vedic Board of Education & Culture**, after it is **Associate / Affiliated** by the VYP.
- ✓ The Yoga institution should have sufficient infrastructure facilities, faculty and staff for conducting different yoga courses and examination for different levels as proposed by VYP from time to time as listed below:

S. No	Head	Standard required
A	Infrastructure and other facilities	
A.1	Space	The Institution should have built up area of minimum 700 sq ft. However the area criterion may be relaxed for institutions located in metros and hilly areas.
A.2	Infrastructure	<ol style="list-style-type: none">1. Class rooms – minimum six which can accommodate students with space of 6 sq feet per student.2. Halls for demonstration and practice of Yoga with minimum of 18 sqft space per student.3. Space for practice of Shat karma with required equipments with standard hygienic conditions.4. A meditation hall.5. The rooms should be properly ventilated.6. Wash rooms, dressing rooms and drinking water facility.7. Office of head of the institution.8. An administrative block for managerial / support staff.9. Adequate faculty / staff rooms.10. Canteen facility in the campus.11. A conference hall / auditorium.12. Hostel / residential facility for residential programs.
A.3	Learning Resources	<ol style="list-style-type: none">1. The Institution should have a library with access to minimum 100 books and journals.2. Adequate and appropriate goods and equipments like mats, PA system, computers etc should be available.
A.4	Environment	<ol style="list-style-type: none">1. The environment of the campus of the Institution should be conducive for Yoga teaching and learning process.2. Institution should preferably have provision for renewable energy and natural water harvesting.
A.5	Safety arrangement	<ol style="list-style-type: none">1. There should be a medical room with required staff for handling medical emergencies.2. The building and all the civil construction should be inclusive.

B	Teaching faculty	
B.1	Teaching faculty / Instructors/ trainers and their qualification and competencies	<p>Minimum teaching faculty and qualifications: Head of the Institution: An eminent Yoga Guru/ master having contributed for the promotion and development of Yoga under Guru Shishya parampara (substantiated by documentary evidence) with minimum 15 years of experience in the field of Yoga or topic related to Yoga</p> <p style="text-align: center;">OR</p> <p>L-4 certified Yoga Professionals with minimum of 15 years of experience</p> <p style="text-align: center;">OR</p> <p>An eminent Yoga Professional with PhD in Yoga or topic related to Yoga with minimum 15 years of Teaching experience in Yoga Two L-3 certified Yoga Professionals with minimum of 8 years of experience in the field of Yoga or topic related to Yoga</p> <p style="text-align: center;">OR</p> <p>Two Yoga Professional with post graduate degree with diploma in Yoga of minimum 1 year duration from recognized university or from an Institute of national repute or recognized by YCB with minimum experience of 8 years in the field of Yoga Four L-3 certified Yoga Professionals with minimum of 5 years of experience in the field of Yoga or topic related to Yoga</p> <p style="text-align: center;">OR</p> <p>Four Yoga professional with post graduate degree with diploma in Yoga of minimum 1 year duration from recognized university or from an Institute of national repute or recognized by YCB with minimum experience of 5 years in the field of Yoga. Eight Yoga teachers/ instructors L-2 certified Yoga Professionals with minimum of 3 years of experience in teaching yoga</p> <p style="text-align: center;">OR</p> <p>Graduate with diploma in Yoga of minimum 1 year duration. Two faculty for allied sciences like Anatomy & Physiology, psychology, diet and nutrition, Ayurveda, Education etc. with a post graduate with PhD in related subject or Post graduate and diploma in related subject of at least 1 year duration.</p>
B.2	System to upgrade the skill and competencies of teachers/ instructors	The Institution should have a system whereby the teaching staff is provided opportunity to upgrade their skill and keep updated with latest developments in the field.
C	Curriculum and Syllabus	
C.1	Courses offered in the Institution	The Institution may offer courses in Yoga for different duration and level but the Institution aspiring to be certified through VYP should be running courses equivalent to any or some or all of the levels / types of certification undertaken by the Vedic Board.
C.2	Syllabus and courses	The courses and the respective syllabus should be available in public domain – on its notice board and preferably on its website.
C.3	Work plan	The institution should have a work plan for delivery of syllabus covering training / demonstration/ practice.
C.4	Time table for dissemination of the course	There should be a time table for each course and record maintenance system.
D	Management structure and policies	
	Communication process	✓ The Institution should have its dedicated website to display all the

		<p>information on its website for knowledge and information of the aspiring candidates.</p> <ul style="list-style-type: none"> ✓ There should be personnel responsible for hosting the information on its website on timely basis and also for electronic communication like emails and sms as and when necessary
	Admission process	<ul style="list-style-type: none"> ✓ There should be fair and transparent admission process for the courses offered by the institution. ✓ This process should be well documented and also displayed on its website. ✓ The document regarding the process followed in the previous year should be available for audit.
	Feedback process	The Institution must have a well established system for getting feedback from the students and other stakeholders and may need to produce documents when requested
	Complaint Handling procedure	<ul style="list-style-type: none"> ✓ The Institution should have established procedure for any person to lodge a complaint and its re-dressal by the competent authority. ✓ There should be an officer designated for the purpose
	Results of the institution and its review	The Institution should have a system for assessment and evaluation of its candidates, timely declaration of results, and system for remedial action, if needed.
	Management, Accounting and Record keeping	<ul style="list-style-type: none"> ✓ There should be a dedicated head of the institution. ✓ The vision, values, philosophy, objectives and commitments of the organization should be well defined, approved and documented. ✓ There should be a management structure in place to execute vision, mission and goals of the institution. ✓ There should be a separate administrative unit to take care of the implementation of statutory administrative decisions and other regulatory requirements of the institution. ✓ There should be well defined internal quality assurance and monitoring mechanism. ✓ There should be a policy and procedures for retention and accounting of students' records. ✓ There should be a system for book keeping and maintenance of accounts.
	Financial resources Stability	<ul style="list-style-type: none"> ✓ The Yoga Institution should have records of the financial resources and there should be commitment about stability / continuing financial support for running the courses. ✓ Records of details of the Grant-in-aid, if any and other funds received should be maintained. ✓ Statutory Audit report of at least for last 3 years should be maintained.

Annexure B

Criteria for Accreditation/ recognition of Registered Yoga School (RYS)

Eligibility criteria:

- ✓ The Yoga institution should be registered under Societies Act, 1860 or Trusts Act, 1882 or central/ state legislative acts.(if any)
- ✓ The Yoga institution should have minimum 3 years of existence in the field of Yoga.
- ✓ The institution should have minimum 2 years of experience in conducting Yoga education / training/ therapy courses.
- ✓ The Yoga institution should have produced minimum 2 institutionally qualified yoga professionals at the time of applying.
- ✓ The Yoga institution should have sufficient infrastructure facilities, faculty and staff for conducting different yoga training and examination for different levels as proposed by VYP from time to time as listed below:

S. No	Head	Standard required
A	Infrastructure and other facilities	
A.1	Space	The Institution should have built up area of minimum 300 sq ft. However the area criterion may be relaxed for institutions located in metros and hilly areas.
A.2	Infrastructure	<ol style="list-style-type: none">1. Space for practice of Shat karma with required equipments with standard hygienic conditions.2. A Theory & Practical Room.3. The rooms should be properly ventilated.4. Wash rooms, dressing rooms and drinking water facility.5. Office of head of the institution.6. An administrative block for managerial / support staff.7. Adequate faculty / staff rooms.
A.3	Learning Resources	<ol style="list-style-type: none">3. The Institution should have a library with access to minimum 20 books and journals.4. Adequate and appropriate goods and equipments like mats, computers etc should be available.
A.4	Environment	<ol style="list-style-type: none">3. The environment of the campus of the Institution should be conducive for Yoga teaching and learning process.4. Institution should preferably have provision for renewable energy and natural water harvesting.
A.5	Safety arrangement	<ol style="list-style-type: none">3. There should be a medical room with required staff for handling medical emergencies.4. The building and all the civil construction should be inclusive.
B	Teaching faculty	
B.1	Teaching faculty / Instructors/ trainers and their qualification and competencies	Minimum teaching faculty and qualifications: Head of the Institution: An eminent Yoga Guru/ master having contributed for the promotion and development of Yoga under Guru Shishya parampara (substantiated by documentary evidence) with minimum 15 years of experience in the field of Yoga or topic related to Yoga <p style="text-align: center;">OR</p>

		<p>L-4 certified Yoga Professionals with minimum of 15 years of experience</p> <p>OR</p> <p>An eminent Yoga Professional with PhD in Yoga or topic related to Yoga with minimum 15 years of Teaching experience in Yoga Two L-3 certified Yoga Professionals with minimum of 8 years of experience in the field of Yoga or topic related to Yoga</p> <p>OR</p> <p>Two Yoga Professional with post graduate degree with diploma in Yoga of minimum 1 year duration from recognized university or from an Institute of national repute or recognized by YCB with minimum experience of 8 years in the field of Yoga Four L-3 certified Yoga Professionals with minimum of 5 years of experience in the field of Yoga or topic related to Yoga</p> <p>OR</p> <p>Four Yoga professional with post graduate degree with diploma in Yoga of minimum 1 year duration from recognized university or from an Institute of national repute or recognized by YCB with minimum experience of 5 years in the field of Yoga. Eight Yoga teachers/ instructorsL-2 certified Yoga Professionals with minimum of 3 years of experience in teaching yoga</p> <p>OR</p> <p>Graduate with diploma in Yoga of minimum 1 year duration. Two faculty for allied sciences like Anatomy & Physiology, psychology, diet and nutrition, Ayurveda, Education etc. with a post graduate with PhD in related subject or Post graduate and diploma in related subject of at least 1 year duration.</p>
B.2	System to upgrade the skill and competencies of teachers/ instructors	The Institution should have a system whereby the teaching staff is provided opportunity to upgrade their skill and keep updated with latest developments in the field.
C	Curriculum and Syllabus	
C.1	Courses offered in the Institution	The Institution may offer courses in Yoga for different duration and level but the Institution aspiring to be certified through VYP should be running courses equivalent to any or some or all of the levels / types of certification undertaken by the Vedic Board.
C.2	Syllabus and courses	The courses and the respective syllabus should be available in public domain – on its notice board and preferably on its website.
C.3	Work plan	The institution should have a work plan for delivery of syllabus covering training / demonstration/ practice.
C.4	Time table for dissemination of the course	There should be a time table for each course and record maintenance system.
D	Management structure and policies	
	Communication process	<ul style="list-style-type: none"> ✓ The Institution should have its dedicated website to display all the information on its website for knowledge and information of the aspiring candidates. ✓ There should be personnel responsible for hosting the information on its website on timely basis and also for electronic communication like emails and sms as and when necessary
	Admission process	<ul style="list-style-type: none"> ✓ There should be fair and transparent admission process for the courses offered by the institution. ✓ This process should be well documented and also displayed on its

		<p>website.</p> <ul style="list-style-type: none"> ✓ The document regarding the process followed in the previous year should be available for audit.
	Feedback process	The Institution must have a well established system for getting feedback from the students and other stakeholders and may need to produce documents when requested
	Complaint Handling procedure	<ul style="list-style-type: none"> ✓ The Institution should have established procedure for any person to lodge a complaint and its re-dressal by the competent authority. ✓ There should be an officer designated for the purpose
	Results of the institution and its review	The Institution should have a system for assessment and evaluation of its candidates, timely declaration of results, and system for remedial action, if needed.
	Management, Accounting and Record keeping	<ul style="list-style-type: none"> ✓ There should be a dedicated head of the institution. ✓ The vision, values, philosophy, objectives and commitments of the organization should be well defined, approved and documented. ✓ There should be a management structure in place to execute vision, mission and goals of the institution. ✓ There should be a separate administrative unit to take care of the implementation of statutory administrative decisions and other regulatory requirements of the institution. ✓ There should be well defined internal quality assurance and monitoring mechanism. ✓ There should be a policy and procedures for retention and accounting of students' records. ✓ There should be a system for book keeping and maintenance of accounts.
	Financial resources Stability	<ul style="list-style-type: none"> ✓ The Yoga Institution should have records of the financial resources and there should be commitment about stability / continuing financial support for running the courses. ✓ Records of details of the Grant-in-aid, if any and other funds received should be maintained. ✓ Statutory Audit report of at least for last 3 years should be maintained.